

Lightwave Videos

Thank you so much for offering to help out by filming yourself for us. Your video may be used on platforms including Facebook, Instagram, Youtube, Twitter, and on our website. If you have any questions or concerns about this, please don't hesitate to get in touch.

Information regarding your video subject and advised length of video will be in the email accompanying this file.

Please make sure that -

- your video is filmed in landscape mode
- that you are in a quiet environment so we can hear the audio as clearly as possible
- your background is suitably plain or in keeping with our lightwave style (for example, a field, trees, rural countryside)

Once your video is filmed-

- Please send your file via wetransfer.com to becky.luetchford@cofesuffolk.org

Thank you!